



FreeStyle



Adhesion Guide



Here are some tips you can use to help keep your sensor in place.



PREPARING THE SKIN'S SURFACE FOR OPTIMAL ADHESION

1. WASH

Only use **non-moisturizing, fragrance-free soap** to wash the area where you'll apply the sensor

2. CLEAN

Use the alcohol wipe provided in the sensor kit to **remove any oily residue**

3. DRY

Allow your skin to fully dry before applying the sensor. This is especially important if you plan to apply the sensor after you shower or swim

PRODUCTS THAT ADD EXTRA STICKINESS*:

OVER-BANDAGE

A medical-grade adhesive; bandage or tape†



TORBOT SKIN TAC

A hypoallergenic and latex-free "tacky" skin barrier

Torbot.com

TEGADERM I.V.

A transparent film that provides adhesive strength

3m.com

SKIN-PREP PROTECTIVE BARRIER WIPES

Protective liquid dressing that allows skin to breathe so tapes and films adhere better

Smith-nephew.com

MASTISOL LIQUID ADHESIVE

Clear, nonirritating, non-water-soluble liquid adhesive that secures dressings even in moist areas

Eloquesthealthcare.com

* The information below does not constitute an endorsement of the manufacturer or the product quality. Abbott Diabetes Care is not responsible for the completeness or accuracy of product information. Product availability may vary by country and region. The manufacturer's instructions for use of each product should be followed.

† Over-bandage must be applied at the time of sensor application, the opening/hole in the center of the sensor must not be covered. Additional medical grade bandages/tape can be applied, but do not remove bandages/tape once applied until sensor is ready for removal.

See reverse for Indications and Important Safety Information.

FRIENDLY REMINDERS OF WHAT TO AVOID BETWEEN YOUR SENSOR AND YOUR SKIN:



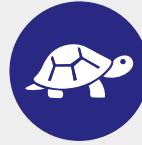
- Moisture of any kind
- Hair; consider shaving the application area
- Oily residue from soap, lotion, shampoo, or conditioner

TIPS FOR KEEPING YOUR SENSOR IN PLACE:



EASY DOES IT

Be careful not to catch your sensor on objects such as doorways, car doors, seat belts, and furniture edges.



SLOW DOWN

When dressing or undressing, be careful not to catch your undergarments on the sensor.



PAT DRY

After a shower or swim, take extra care when towel drying to avoid catching or pulling off your sensor.



PLAY IT SAFE

For contact sports and heavy exercise, select a sensor site on the back of your upper arm that minimizes the risk of the sensor being knocked off. Consider using an over-bandage and/or other adhesive products listed on the front.



DRESS FOR SUCCESS

Give your sensor room to breathe by wearing loose-fitting clothing and lightweight materials.



HANDS OFF

Try not to play with, pull, or touch the sensor while wearing it.



We're here to help. For further assistance with sensor adhesion, please contact Abbott Customer Care at 1-855-632-8658.



Indications and Important Safety Information

FreeStyle Libre 14 day system: The FreeStyle Libre 14 day Flash Glucose Monitoring System is a continuous glucose monitoring (CGM) device indicated for the management of diabetes in persons age 18 and older. It is designed to replace blood glucose testing for diabetes treatment decisions. The System detects trends and tracks patterns aiding in the detection of episodes of hyperglycemia and hypoglycemia, facilitating both acute and long-term therapy adjustments. Interpretation of the System readings should be based on the glucose trends and several sequential readings over time. The System is intended for single patient use and requires a prescription. **CONTRAINDICATIONS:** Remove the sensor before MRI, CT scan, X-ray, or diathermy treatment. **WARNINGS/LIMITATIONS:** Do not ignore symptoms that may be due to low or high blood glucose, hypoglycemic unawareness, or dehydration. Check sensor glucose readings with a blood glucose meter when Check Blood Glucose symbol appears, when symptoms do not match system readings, or when readings are suspected to be inaccurate. The FreeStyle Libre 14 day system does not have alarms unless the sensor is scanned, and the system contains small parts that may be dangerous if swallowed. The FreeStyle Libre 14 day system is not approved for pregnant women, persons on dialysis, or critically-ill population. Sensor placement is not approved for sites other than the back of the arm and standard precautions for transmission of blood borne pathogens should be taken. The built-in blood glucose meter is not for use on dehydrated, hypotensive, in shock, hyperglycemic-hyperosmolar state, with or without ketosis, neonates, critically-ill patients, or for diagnosis or screening of diabetes. When using FreeStyle LibreLink app, access to a blood glucose monitoring system is required as the app does not provide one. Review all product information before use or contact Abbott Toll Free (855-632-8658) or visit www.FreeStyleLibre.us for detailed indications for use and safety information. For full indications for use and safety information, see more at www.FreeStyleLibre.us/safety-information.html.

FreeStyle Libre 2 system: The FreeStyle Libre 2 Flash Glucose Monitoring System is a continuous glucose monitoring (CGM) device with real time alarms capability indicated for the management of diabetes in persons age 4 and older. **WARNINGS/LIMITATIONS:** The System must not be used with automated insulin dosing (AID) systems, including closed loop and insulin suspend systems. Remove the sensor before MRI, CT scan, X-ray, or diathermy treatment. Do not take high doses of vitamin C (more than 500 mg per day), as this may falsely raise your Sensor readings. Failure to use the System according to the instructions for use may result in missing a severe low blood glucose or high blood glucose event and/or making a treatment decision that may result in injury. If glucose alarms and readings from the System do not match symptoms or expectations, use a fingerstick blood glucose value to make diabetes treatment decisions. Seek medical attention when appropriate and contact Abbott Toll Free (855-632-8658) or visit [†] www.FreeStyleLibre.us for detailed indications for use and safety information.

‡ Please refer to www.FreeStyleLibre.us for the indications and important safety information.

The shape of the circle sensor unit, FreeStyle, Libre, and related brand marks are owned by Abbott. Other trademarks are the property of their respective owners. Product images are for illustrative purposes only.

©2020 Abbott. ADC-22196 v1.0 08/20