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WorryFreeDME

Patient Name: **Chief Complaint:** History of problem: Nature of discomfort/pain Location (anatomic)

Duration 0nset Course

Aggravating and/or alleviating factors

Biomechanical Evaluation For

m	TO T	The American College of FOOT & ANKLE ORTHOPEDICS MEDICINE
	Normative values:	Treatments and response

Left	Stance Evaluation:	Right	Normative values:	Treatments and response
	Angle of gait:→			
	Base of gait:→			
	Foot appearance			
	Tibial influence		0°-2° varus or valgus	
	Relaxed calcaneal stance position (RCSP)		0°	
	Neutral calcaneal stance position (NCSP)		0°	
lon-Weight Be	aring Evaluation:			
	Limb length:→		Equal	
	Hip sagittal plane-			
	Knee extended		Flexion 120°/extension 20-30°	
	Knee flexed		Flexion 45-60°/extension 20-30°	
	Hip transverse plane-			
	Knee extended		45° each direction	
	Knee flexed		45° each direction	
	Hip frontal plane		45° each direction	
	Knee sagittal plane		Flexion 120°/extension 0-10°	
	Knee recurvatum		Absent	
	Ankle sagittal plane-			
	Knee extended		Dorsiflexion 10°/plantarflexion 40-70°	
	Knee flexed		Dorsiflexion 10°/plantarflexion 40-70°	
	Subtalar joint-			
	Inversion		20°	
	Eversion		10°	
	Subtalar joint axis location		10	
	Midtarsal joint		0°	
	1st ray range of motion		Dorsal & plantar excursion 5mm	
	1st MTD Large of motion		Dorsal 65° or >unloaded/20-40° loaded	
Other comments	1st MTPJ range of motion Lesser MTPJ's		Dolsai 65 of >unloaueu/20-40 loaueu	
Other comments	Lesser MTPJ's		Dotsai 05 0i >uiiioadeu/20-40 Toadeu	
	Lesser MTPJ's			
	Lesser MTPJ's s: (extrinsics):		5/5: normal strength 5/5: normal strength	
	Lesser MTPJ's s: (extrinsics): Invertors		5/5: normal strength 5/5: normal strength	
	Lesser MTPJ's s: (extrinsics): Invertors Evertors		5/5: normal strength 5/5: normal strength 5/5: normal strength	
	Lesser MTPJ's s: (extrinsics): Invertors Evertors Dorsiflexors		5/5: normal strength 5/5: normal strength 5/5: normal strength 5/5: normal strength	
	Lesser MTPJ's s: p (extrinsics): Invertors Evertors Dorsiflexors Plantarflexors Abduction		5/5: normal strength	
Nuscle testing	Lesser MTPJ's s: (extrinsics): Invertors Evertors Dorsiflexors Plantarflexors Abduction Adduction		5/5: normal strength 5/5: normal strength 5/5: normal strength 5/5: normal strength	
Nuscle testing	Lesser MTPJ's s: (extrinsics): Invertors Evertors Dorsiflexors Plantarflexors Abduction Adduction esting:		5/5: normal strength	
Nuscle testing	Lesser MTPJ's s: (extrinsics): Invertors Evertors Dorsiflexors Plantarflexors Abduction Adduction esting: Romberg→		5/5: normal strength Balance intact	
Nuscle testing	Lesser MTPJ's S: (extrinsics): Invertors Evertors Dorsiflexors Plantarflexors Abduction Adduction esting: Romberg→ Patellar reflex		5/5: normal strength Balance intact 2+ normal	
Nuscle testing	Lesser MTPJ's S: (extrinsics): Invertors Evertors Dorsiflexors Plantarflexors Abduction Adduction esting: Romberg+ Patellar reflex Achilles reflex		5/5: normal strength Balance intact 2+ normal 2+ normal	
Muscle testing	Lesser MTPJ's S: I (extrinsics): Invertors Evertors Dorsiflexors Plantarflexors Abduction Adduction esting: Romberg+ Patellar reflex Achilles reflex Babinski		5/5: normal strength Balance intact 2+ normal 2+ normal No hallux extension	
Other comments Muscle testing	Lesser MTPJ's S: I (extrinsics): Invertors Evertors Dorsiflexors Plantarflexors Abduction Adduction essting: Romberg→ Patellar reflex Achilles reflex Babinski Clonus		5/5: normal strength Balance intact 2+ normal 2+ normal No hallux extension Absent	
Muscle testing	Lesser MTPJ's S: I (extrinsics): Invertors Evertors Dorsiflexors Plantarflexors Abduction Adduction esting: Romberg+ Patellar reflex Achilles reflex Babinski Clonus Protective sensation		5/5: normal strength Balance intact 2+ normal 2+ normal No hallux extension	
Nuscle testing	Lesser MTPJ's S: I (extrinsics): Invertors Evertors Dorsiflexors Plantarflexors Abduction Adduction esting: Romberg→ Patellar reflex Achilles reflex Babinski Clonus Protective sensation Gait Evaluation -		5/5: normal strength Balance intact 2+ normal 2+ normal No hallux extension Absent	
Muscle testing	Lesser MTPJ's s: (extrinsics): Invertors Evertors Dorsiflexors Plantarflexors Abduction Adduction esting: Romberg→ Patellar reflex Achilles reflex Babinski Clonus Protective sensation Gait Evaluation - Gait pattern Comment on head/shoulders, spine, pelvis, sagittal/		5/5: normal strength Balance intact 2+ normal 2+ normal No hallux extension Absent	
Muscle testing	Lesser MTPJ's S: I (extrinsics): Invertors Evertors Dorsiflexors Plantarflexors Abduction Adduction esting: Romberg→ Patellar reflex Achilles reflex Babinski Clonus Protective sensation Gait Evaluation - Gait pattern Comment on head/shoulders, spine, pelvis, sagittal/ transverse/frontal plane, postural, etc.		5/5: normal strength Balance intact 2+ normal 2+ normal No hallux extension Absent	
Muscle testing	Lesser MTPJ's S: D (extrinsics): Invertors Evertors Dorsiflexors Plantarflexors Abduction Adduction esting: Romberg→ Patellar reflex Achilles reflex Babinski Clonus Protective sensation Gait Evaluation - Gait mattern Comment on head/shoulders, spine, pelvis, sagittal/transverse/frontal plane, postural, etc. Footgear (size/width, wear pattern(s))→		5/5: normal strength Balance intact 2+ normal 2+ normal No hallux extension Absent	
Muscle testing	Lesser MTPJ's S: I (extrinsics): Invertors Evertors Dorsiflexors Plantarflexors Abduction Adduction esting: Romberg→ Patellar reflex Achilles reflex Babinski Clonus Protective sensation Gait Evaluation - Gait pattern Comment on head/shoulders, spine, pelvis, sagittal/transverse/frontal plane, postural, etc. Footgear (size/width, wear pattern(s))→ Existing orthoses/type→		5/5: normal strength Balance intact 2+ normal 2+ normal No hallux extension Absent	
Muscle testing	Lesser MTPJ's S: I (extrinsics): Invertors Evertors Dorsiflexors Plantarflexors Abduction Adduction esting: Romberg→ Patellar reflex Achilles reflex Babinski Clonus Protective sensation Gait Evaluation - Gait pattern Comment on head/shoulders, spine, pelvis, sagittal/transverse/frontal plane, postural, etc. Footgear (size/width, wear pattern(s))→ Existing orthoses/type→ Weight→		5/5: normal strength Balance intact 2+ normal 2+ normal No hallux extension Absent	
Auscle testing	Lesser MTPJ's S: I (extrinsics): Invertors Evertors Dorsiflexors Plantarflexors Abduction Adduction esting: Romberg→ Patellar reflex Achilles reflex Babinski Clonus Protective sensation Gait Evaluation - Gait pattern Comment on head/shoulders, spine, pelvis, sagittal/transverse/frontal plane, postural, etc. Footgear (size/width, wear pattern(s))→ Existing orthoses/type→ Weight→ Height→		5/5: normal strength Balance intact 2+ normal 2+ normal No hallux extension Absent	
Auscle testing	Lesser MTPJ's S: I (extrinsics): Invertors Evertors Dorsiflexors Plantarflexors Abduction Adduction esting: Romberg → Patellar reflex Achilles reflex Babinski Clonus Protective sensation Gait Evaluation - Gait pattern Comment on head/shoulders, spine, pelvis, sagittal/transverse/frontal plane, postural, etc. Footgear (size/width, wear pattern(s)) → Existing orthoses/type → Weight → Height → Hassessment:		5/5: normal strength Balance intact 2+ normal 2+ normal No hallux extension Absent	
Auscle testing leurological to	Lesser MTPJ's S: I (extrinsics): Invertors Evertors Dorsiflexors Plantarflexors Abduction Adduction esting: Romberg→ Patellar reflex Achilles reflex Babinski Clonus Protective sensation Gait Evaluation - Gait pattern Comment on head/shoulders, spine, pelvis, sagittal/transverse/frontal plane, postural, etc. Footgear (size/width, wear pattern(s))→ Existing orthoses/type→ Weight→ Height→ I assessment: II:		5/5: normal strength Balance intact 2+ normal 2+ normal No hallux extension Absent Present	
Auscle testing	Lesser MTPJ's S: I (extrinsics): Invertors Evertors Dorsiflexors Plantarflexors Abduction Adduction esting: Romberg→ Patellar reflex Babinski Clonus Protective sensation Gait Evaluation - Gait pattern Comment on head/shoulders, spine, pelvis, sagittal/transverse/frontal plane, postural, etc. Footgear (size/width, wear pattern(s))→ Existing orthoses/type→ Weight→ Height→ I assessment: II: name		5/5: normal strength Balance intact 2+ normal 2+ normal No hallux extension Absent	

WorryFreeDME

Document of Medical Necessity: Custom Molded Gauntlet

Patient Name:		HICN:	
Prognosis: Good	Duration of usage: □ 12 Months to lo	ng term	
I certify that Mr. / Ms		qualifies for and w	/ill benefit from
an ankle foot orthosis u	sed during ambulation based on meeting	all of the following criteria	. The patient is:
\square Ambulatory, and			
☐ Has weakness or de	eformity of the foot and ankle, and		
☐ Requires stabilization	on for medical reasons, and		
\square Has the potential to	benefit functionally		
The patient's medical re for the type and quantity	cord contains sufficient documentation of the items ordered.	of the patients medical cond	dition to substantiate the necessity
The goal of this therapy	: (indicate all that apply)		
$\ \square$ Improve mobility			
☐ Improve lower extre	emity stability		
☐ Decrease pain			
☐ Facilitate soft tissue	e healing		
☐ Facilitate immobiliz	ation, healing and treatment of an injury		
Necessity of Ankle Foot	Orthotic molded to patient model:		
A custom (vs. prefabricate of this patient. (indicate a	ed) ankle foot orthosis has been prescribed I that apply)	pased on the following criteria	a which are specific to the condition
☐ The patient could n	ot be fit with a prefabricated AFO		
\square The condition neces	ssitating the orthosis is expected to be perm	anent or of longstanding dur	ation (more than 6 months)
\square There is need to co	ntrol the ankle or foot in more than one plan	е	
☐ The patient has a d a model to prevent	ocumented neurological, circulatory, or orth tissue injury	opedic condition that requires	s custom fabrication over
\square The patient has a h	ealing fracture that lacks normal anatomica	। integrity or anthropometric p	proportions
or restricting or eliminating m	oot orthotic described above is a rigid or semi-rigid d otion in a diseased or injured part of the body. It is o om molded ankle foot orthosis is both reasonable an chabilitation.	lesigned to provide support and co	unterforce on the limb or body part that is being
Signature of Prescribing Phy	sician:	Type I NPI:	Date:/
Printed Name of Prescribing	Physician	Phone:	
Physician Address			
×			















WorryFreeDME

Rx: Custom Molded Gauntlet

Doctor Name:	Patier	nt Na	me:	
Prognosis: Good Duration of usage: 12 Month	ns Product Bran d	l and	Mod	del:
Product Information (Check brand and model,	cirlcle base code and addition(s))):		
Arizona Brace [®] Standard, Tall, AZ Sporty [™] , AZ Br				ona Brace® - Extended, Unweighting
R L L1940 Plastic orthosis, custom molded custom fabricated, includes casting and R L L2330 Addition to lower extremity, lace	d cast preparation.	F	R I	L L1960 Plastic orthosis, custom molded from a model of the patient, custom fabricated, includes casting and cast preparation.
R L L2820 Addition to lower extremity ortho	osis, soft interface for mold	F	R I	L L2330 Addition to lower extremity, lacer molded to patient model
☐ Arizona Brace® - Articulated		F	R I	L L2820 Addition to lower extremity orthosis, soft
R L L1970 A semi-rigid molded plastic orthosi			۸!	interface for mold plastic below knee section
(dorsi-plantar flexion), controls foot position of the patient, custom fabricated, include:	s casting and cast preparation.		Arizo R I	
R L L2330 Addition to lower extremity, lace			R I	with or without pads, custom fabricated L L2330 Addition to lower extremity, lacer molded
R L L2820 Addition to lower extremity orthoronal Research Plastic below knee section	osis, sort interface for moid	'	1 1	to patient model
If Dorsiflex assist, ADD:			Arizo	ona Mezzo™ - Partial Foot
R L L2210 Addition to lower extremity, dors (plantar flexion resist), (two per brace)	siflexion assist	F	R I	L L1907 Ankle orthosis, supramalleolar, with straps, with or without pads, custom fabricated
☐ AZ Slim™		F	R I	L L2330 Addition to lower extremity, lacer molded to
R L L1904 AFO molded ankle gauntlet		F	R I	patient model L L5000 Partial foot, shoe insert, with longitudinal
R L L2330 Addition to lower extremity, lace R L L2820 Addition to lower extremity ortho				arch, toe filler
below knee section				
DX: (indicate all that apply) - Corresponds to Biomi	echanical Examination Form			
	mputation			DJD of Ankle and Rearfoot
Spontaneous rupture of other tendons, ankle and foot	Acquired absence of great toe	9.422)	Primary osteoarthritis, ankle and foot
Foot Risk / Imbalance	right (M21.371) left (M2	21.372	2)	Other specified congenital deformities of feet (Q66.89)
 Muscle weakness, generalized (M62.81) Ataxic gait (R26.0) Difficulty in walking (R26.2) Unsteadiness on feet (R26.81) 	Hemiplegia affecting right dominant side (169.9) affecting left dominant side (169.9) affecting right non-dominant side (169.9) affecting left non-dominant side (169.9)	952) ide (169		
☐ Other abnormalities of gait and mobility (R26.89) L☐ Condition is bilaterial	ateral Ankle Instability Other specific joint derangements of an elsewhere classified right (M24.871) left (M2			
Therapeutic Objective(s): (indicate all that apply)				
Improve mobility	Improve lower extremity stat	oility		Decrease pain
Facilitate soft tissue healing	☐ Facilitate immobilization, heali	ing ar	nd tre	eatment of an injury
Signature of Prescribing Physician:	Type I NP	71:	st be cu	Order Date:/
Prescribing Physician Printed Name:				
	— The OHI Family of Brai	nde		

















Ship to address:	Dispense Date:
Ann Arbor, MI 48108. Fax: (734) 975 6678	u,
TAX. (754) 575 0076	
Additional Charge ☐ Foot plate to end o ☐ Removable, multi	of toes (Our standard trim length is proximal to met heads)
Patient Informatio	n: ☐ Right Foot ☐ Left Foot ☐ Bilatera
Patient Name:	
Height: Wei	ight: Shoe Size: Gender: ☐ M
Dx:	D.O.B:
he below sect	ion will be filled by Healthcare D
	g Information:
Shipping and Billing Bill to my account: Arizona Safe Practitioner:	g Information: eStep Account #
Bill to my account: Arizona Safe Practitioner: Email:	
Bill to my account: Arizona Safe Practitioner: Email: PO#:	Step Account #
Bill to my account: Arizona Safe Practitioner: Email: PO#:	eStep Account #
Bill to my account: Arizona Safe Practitioner: Email: PO#: Facility Name:	Step Account #
Bill to my account: Arizona Safe Practitioner: Email: Po#: Facility Name: Phone: Fax:	Step Account #
Bill to my account: Arizona Safe Practitioner: Email: PO#: Facility Name: Phone:	Step Account #
Bill to my account: Arizona Safe Practitioner: Email: Po#: Facility Name: Phone: Fax: Ship to address:	eStep Account #
Bill to my account: Arizona Safe Practitioner: Email: Po#: Facility Name: Phone: Fax: Ship to address: Bill to address: Manufacturing and MFG:	eStep Account #
Bill to my account: Arizona Safe Practitioner: Email: PO#: Facility Name: Phone: Fax: Ship to address: Bill to address: Manufacturing and MFG: 3 Business Day Ship:	eStep Account #

Gaunt	let AFO Collection	
R	Arizona Brace® Standard (5" above ankle) Tall (9" above ankle) Color: Sand Black White Brown Pink Closure: Laces Velcro Speed Laces Boot Hooks	Additional Charge options: ☐ Foot plate to end of toes (Our standard trim length is proximal to met heads) ☐ Removable, multi density insole
	Arizona Brace® - Articulated Standard Tall Color: Sand Black White Brown Pink Closure: Laces Velcro Speed Laces Boot Hooks Hinge: Tamarack Tamarack Dorsi - Assist	Patient Information: Right Foot Left Foot Bilateral Patient Name: Shoe Size: Gender: M F Dx: D.O.B: F
The second	Arizona Brace® Unweighting (Proximal ht. 1" below fibular head) Extended (Proximal ht. 1" below fibular head) Color: Sand Black Brown Pink Closure: Laces Velcro Speed Laces Boot Hooks	The below section will be filled by Healthcare DME Shipping and Billing Information: Bill to my account:
	☐ AZ Sporty™ (5" above ankle) Color: ☐ Sand ☐ Black ☐ White ☐ Brown ☐ Pink Closure: ☐ Laces ☐ Velcro ☐ Speed Laces ☐ Boot Hooks	☐ Arizona ☐ SafeStep Account # Practitioner: Email: Provide email to receive an email alert once this order has been shipped.
	□ AZ Slim [™] (Please note: No Plastic Shell) (5" above ankle) Color: □ Sand □ Black □ White □ Brown □ Pink Closure: □ Laces □ Velcro □ Speed Laces □ Boot Hooks	PO#: Facility Name: Phone: Fax:
	Arizona Mezzo TM Standard Partial Foot Color: Sand Black White Brown Closure: Laces	Ship to address: Bill to address: Manufacturing and shipping:
8863	AZ Breeze TM Standard Tall Color: Sand Black Closure: Laces Velcro Speed Laces Boot Hooks	MFG: ☐ 3 Business Days (\$75.00) ☐ 7 Business Days (\$50.00) Ship: ☐ Ground ☐ 3 Day Air ☐ 2 Day Air ☐ Overnight
	□ Arizona Balance Brace TM Color: □ Sand □ Black Closure: □ Laces □ Velcro * Full foot & removable insole options not available on ABB □ Bundle with Apex Balance Shoe (ABS) Gender: □ Size: Width: □	□ Other: Special Instructions: If you do not want the dorsi-plantar angle of the cast set to our recommendations, please choose: □ Leave cast exactly as is □ Correct Ankle Varus / Valgus □ Correct Forefoot to Neutral □ Other
L	□ Basis™ Slip-On (Four-Way Stretchable Footwear/AF0 Companion. Developed to Extend Home and Indoor AF0 & Orthotic Wear Time For Up To Ten Hours Per Day. Sold Only in Pairs). Color: □ Black Gender: □ Male □ Female Size:	Remarks:













